EXHIBIT S

Thursday Consumer Site Visits:

Goals: CIT Officers are excepted to:

1. Learn about peer-assisted recovery for individuals faced with mental illness.
2. Reduce the influence of stigma through meeting individuals with lived experience in a non-crisis environment.
3. Gain perspective on how an individual with mental illness experiences a crisis event.

Objectives: CIT Officers will

1. Interact with individuals with lived experience during their daily activities.
2. Engage in conversations about the struggles experienced during a mental illness event.
3. Talk to individuals with lived experience about their hopes, dreams and plans for the future.

Steps: CIT Officers will:

1. Be assigned to one of three consumer operated facilities.
2. Be provided an overview of day to day schedules and activities.
3. Participate in games, meal planning, group meetings, and conversation with the consumers.

Participating Agencies:

- Magnolia Clubhouse
- Life Exchange Center
- Northridge House

Consumer Site Visit

Life Exchange Center
13407 Kinsman Ave.

9:00-10:00 AM: Breakfast and Coffee. Overview and Tour of the Facility.

Mission Statement: The Life Exchange Center (LEC) is a peer run support organization offering advocacy and education to empower individuals in their mental health and substance abuse recovery.

The LEC serves unemployed and low income Cuyahoga County adults who are on a journey of mental health and/or substance use recovery. The members are the ages of 18 and older. They are living independently or in Adult Care Facilities. Some of our members have supportive family structures in place and may live in their homes. The common diagnoses of our membership are Schizophrenia, Depression, BiPolar I and II, Major Depression, and Schizoid affective Disorder.

As a peer run support program, LEC offers peer support, advocacy, and education to empower individuals. We collaborate with them in their recovery process. Our primary purpose is to provide opportunities for members to interact in a supported environment where the principles of self determination, advocacy and empowerment within the day program. Many of the LEC programs are conceived of and run by the members with the guidance of peer support staff who share common experiences and needs with the members we serve.

10:00-10:30 AM: Participation in Art Therapy project with the LEC Members

10:30-11:00 AM: Participation in Game Time with the LEC Members

11:00-11:30 AM: Discussion regarding Current Events and Wrap Up

Consumer Site Visit- 2019

Magnolia Clubhouse, Inc.
11101 Magnolia Drive
Cleveland, OH 44106

8:00-9:00 AM: Orientation to agency and model. Tour of Clubhouse campus.

- Magnolia Clubhouse is a psychiatric rehabilitation program, using the evidence based Clubhouse Model, to provide support to adults with a mental illness living in Cuyahoga County.
- The Clubhouse Model provides people with mental illness opportunities for friendship, employment, housing, education, and access to medical and psychiatric services in a caring and safe environment. Here, members and staff work side-by-side to operate the Clubhouse—the contributions of each member are needed and appreciated.
    - The components of a Clubhouse are:
        - It is a community
        - It is participative
        - It is structured to end isolation
        - It is focused on wellness
        - It is a resource for those who want to return to work or school.
- Potential clients are linked through community mental health centers, psychiatric hospitals, private providers, group homes, other members, etc.
- Per our standards membership at Clubhouse is voluntary and without time limits. Once an individual chooses to participate in clubhouse they are able to remain a part of our community. Members are able to use the clubhouse in whatever way best meets their needs and set individual goals with the staff of their choice.
- Magnolia Clubhouse has a current average daily attendance of 70 members and over 400 active members. We have a staff of 17 that provide services in the clubhouse and 2 additional staff who work in our Carriage House Clinic.

9:00-9:30 AM: Participation in Unit Planning Meetings

Hospitality Unit – Responsibilities include the welcoming desk, café, kitchen, and landscaping.

Membership Unit – Responsibilities include referrals, tours, orientations, education and

employment support.

Communication Unit – Responsibilities include daily news broadcast, social media and special projects.

Administration Unit – Responsibilities include managing electronic health records, newletter, statistic reporting, marketing and development. The Clubhouse Shop and Finance work out of this unit also.

9:30-11:00 AM: Work on Clubhouse Units with Staff and Members

11:00-11:30 AM: Wrap Up and QA

Consumer Site Visit- 2019

9:00-11:30

Northridge Commons
10426 Detroit Avenue
Cleveland, OH 44102

9:00-9:30 AM: Tour of the facility. Meet and greet.

- Northridge Commons is an EDEN owned permanent supportive housing building. For those not familiar with EDEN, they are a non-profit housing development agency that provides affordable housing options. EDEN serves persons who are homeless, as well as those who have a disability including mental illness, substance abuse disorders, and physical disabilities. Those living in EDEN owned buildings, such as Northridge Commons, have supportive services offered to them to help maintain their housing while achieving their individual goals of recovery.
- My agency, Signature Health, is the on-site behavioral health agency that assists the residents here at Northridge Commons maintain their housing while achieving their version of recovery!
- Potential clients are linked through central intake (Bishop Cosgrove).
- All residents at Northridge Commons are 50 and older, who were chronically homeless, prior to moving in and have a mental disability. Currently, the most common occurring disorders for residents at Northridge are schizophrenia and substance use.
- Northridge Commons is independent living, and while we do offer support services, the residents must be able to function at a level of care that is consist with being able to live independently. Residents will reside at Northridge until their level of care changes, they are evicted, they move of their own accord, or they pass away; there is no time limit for level of stay!
- Currently Northridge is at full capacity with all 30 units being utilized, we have 13 female and 17 male residents.
- Northridge has 2 residents who work during the day. Those who do not work may choose to do their own thing, participate in the groups and outings that are offered at the facility, or choose to stay in their unit and prefer limited social interaction.
- There are currently 5 clients who receive zero income, 25 receive some form of SSI/SSDI, all clients have either Medicaid and/or Medicare.

9:30-10:00 AM: Police Q&A, discuss stigma and safety

10:00-11:00 AM: Group, discuss mental health and recovery

- When was the last time you were in crisis and who did you turn to for help?
- How does your mental illness affect your idea of recovery?
- What does mental illness mean to you?
- What does recovery mean to you?

- How does your mental illness affect your physical health?

11:00-11:10 AM: Break

11:10-12:00 PM: Craft project

12:00-12:30 PM: Lunch & Closing