

2022 In-Service Training QPR (Question Persuade Refer) Scenarios

1. Partner:

You have been an officer for 5 years and been assigned to a two man car together with your partner (8 years on) for the past 3 years. Over the past few months he has stated that his relationship with his girlfriend of 4 years has become more and more strained. Recently he tells you that she has started to say that if she goes he will never see their 2 year old daughter again. He asks you if you want to go out drinking after work nearly every day for the last month or so, saying "I just don't want to go home anymore." On a particularly quiet night you notice that your partner isn't talking very much. You have asked him if everything is okay a few times, but he keeps saying that everything is fine. Then you notice that he is trying to hide that his eyes are filling up with tears.

You are an officer of 8 years and your girlfriend of 4 years and you have been having issues for the last year or so. She has told you multiple times that if she leaves, she is taking your daughter with her and you will never see her again. Things have gotten so bad that you avoid going home and even spend some nights at your friend's houses after spending all night at the bar. You have been drinking more, but only after work and it has not affected any other aspect of your life. You recently snooped through your girlfriend's phone and found texts to another man stating that she is planning to leave as soon as she can get everything in order. You have been thinking about the situation for days and thoughts of killing yourself have begun to seem like the best idea. That it would be easier for everyone if you just ended it all. You thought work would help, but nothing is going on and all you can do is think of those text messages and what it makes you want to do.

2. Supervisor:

You are a supervisor of a district platoon with 17 years on (8 as a supervisor) and you have been the supervisor of your platoon for almost 2 years. One of your officers has 15 years on and has never been a top performer, but has also never been an issue. One day on a scene you notice that he is disinterested in the victim's statement. His report is missing key elements that he never misses. He seems agitated more than necessary when you return the report to him to fix. You voice your concerns for him when he returns the report and ask if everything is alright. He states that he can't do this anymore, he is sick of the job, dealing with everyone else's problems, new officer's attitudes, and always being the bad guy. You remind him that his long weekend is about to begin after tomorrow's shift and that he has the seniority to take the office position if he wanted it. He says "I don't need to do that, it'll all be fine." The next day at role call he sits in the back and seems worse than yesterday. When you ask him if he's okay he says "It'll be fine, you don't need to worry about me."

You are a 15 year veteran on patrol. You have been in three different districts in your career and tried a few details, but never really liked any of them. You were an FTO for 9 years, but began to feel like the new officers are unteachable and unwilling to learn. You decided that FTO wasn't worth the effort anymore and figure the PPO's can learn from someone else instead. You liked the job when you started, but over the last few years you have felt more and more frustrated. Now you feel trapped in a career where the public hates you, you want to leave but it's too late to start over, you dread coming to work but you are getting mandated multiple shifts a month, and you have lost all joy in activities that

you used to love doing. It has become harder and harder just to get out of bed and go to work. Yesterday your sergeant returned one of your reports, which never happens to you, and you know these new officers turn in way worse reports all the time. You are sick of your supervisors expecting more out of you without getting anything for your extra efforts, while the new officers seem to do whatever they want. All your supervisor offered was that you had 3 crappy days off coming to get yourself straight, but you'll just get mandated on Monday anyway. You have already decided to kill yourself this week, but you are waiting for the weekend so you can see your mother one last time to make sure she is okay and say goodbye.